

SUPPLEMENT OF THE YEAR
In The Sun every Saturday August 13, 2011

Fall SHOWGIRL!

Naked ambition got her the gig of her dreams but where is Mr Right? CAROLINE FLACK talks lost loves, THAT royal date and 1am workouts

**READY
STEADY
SHOP!**

*235 WAYS TO GET
NEW SEASON
READY*

**INSIDE THE
BABY FACTORY**

*MEET THE WOMEN
WHO RENT OUT
THEIR WOMBS*

BFF THERAPY

*WHAT HAPPENS WHEN
YOU SAY WHAT YOU
REALLY THINK?*

Facelift in your FRONT ROOM!

NO-SURGERY FACE FIXERS
*that actually cut it when it comes to
HOLDING BACK the years*

BY JUSTINE KNIGHT

Sure, surgery might seem like a fast-track to flawlessness, but it comes at a cost. And it's not just the price tag that we're talking about. Remember, for every Demi Moore there's a Heidi Montag. With this in mind, we've rounded up the smartest products and expert tips to help you stop the clock – without going under the knife.

THE FOREHEAD FREEZER

Frownies Forehead And Between Eyes Facial Patches, £18.50 for 144 patches

These sticky-backed patches may look like they belong in the stationery cupboard, but don't be fooled by their appearance. Loved by the Kardashians' hot mamma Kris Jenner, once applied to your forehead they iron out creases without a scary needle in sight. Like a gym session for your face, their pulling action strengthens the slack muscles below

the skin that cause lines and wrinkles, so your face looks younger after just three sofa workouts. Be warned: you *will* look Sellotape scary; so pack your other half off to the pub and slap on wherever you see a wrinkle.



BOTOX IN A BOTTLE

Clinique Repairwear Laser Focus All-Smooth Makeup SPF15, £27

Who needs a dermatologist on speed dial when you can get age-defying benefits every time you put on your slap? Available from September, this little beauty hits all the right base notes with a formula that's inspired by skin-smoothing laser therapy (minus painful collagen-boosting beams of light). Instead, its mix of picture-perfect pigment and a skin-plumping peptide-packed serum blurs lines, covers imperfections and leaves skin so flawless you'll look like you've been at Madonna's airbrush.



61%
of people
admit to
NOT being
totally
HAPPY
with the
results of
their cosmetic
surgery*

